

## KEY DIRECTIONS:

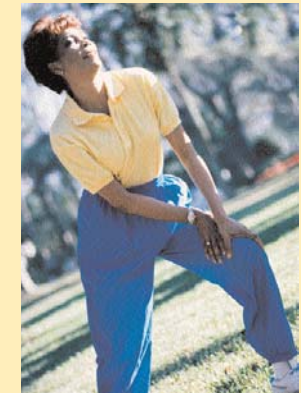
As the Arizona Diabetes Prevention & Control Program moves into the future, it is very important that strategic changes happen so that we are using the most current science-based technologies to address the needs of the state. It is important to us to share ideas, provide educational materials, and support policies and procedures to improve and enhance public health programs for diabetes prevention and control.

### Key directional strategies include:

- ◆ Negotiating consensus positions on federal and state policies and legislation related to diabetes prevention and control.
- ◆ Work together with national, professional, governmental agencies, associations and voluntary community groups on issues that affect diabetes and other related chronic diseases.
- ◆ Seek opportunities to increase funding for diabetes programs and other chronic disease programs that impact diabetes.
- ◆ Assist local health systems to improve patient services.

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Arizona Diabetes Prevention & Control Program  
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150 North 18th Avenue, Suite 310  
Phoenix, Arizona 85007



**Arizona Diabetes Prevention  
& Control Program**

The Arizona Diabetes Prevention & Control Program (DPCP) began in 1994 with funding from the Centers for Disease Control & Prevention (CDC). The Program is currently supported by both Federal and State Funds.

**The purpose of the Program is to:**

- ◆ Prevent onset of type II Diabetes in children and adults.
- ◆ Reduce the primary and secondary complications related to diabetes.
- ◆ Coordinate statewide educational and training opportunities.
- ◆ Promote coordinated efforts for the provision of diabetes care and services statewide.

**VOLUNTEERS MAKE THE DIFFERENCE:**

The Program has a place for volunteers interested in helping us to meet our goal. The Arizona Diabetes Leadership Council consists of a group of dedicated volunteers who share their knowledge and skills with the Program to help improve the quality of life for persons living with diabetes.

**Volunteers have the opportunity to serve on three committees:**

- ◆ Advocacy
- ◆ Education
- ◆ Surveillance

**THE MISSION:**

The mission of the Program is to prevent and reduce the incidence and prevalence of disabling conditions, as well as the personal, social and economic effects of diabetes, and to improve the quality of life for Arizona citizens.

**We accomplish our mission by focusing on three areas:**

- ◆ Health Systems
- ◆ Community Interventions
- ◆ Health Communications

**Health Systems:** activities in this area work with and influence existing and evolving traditional and "non-traditional" health care systems. They share the common goal of improving access to, and quality of, diabetes services and care.

**Community Interventions:** uses principles of community health education theory and practice, community public health models, intervention research, program planning, implementation and evaluation for community-based prevention and control.

**Health Communications:** is the crafting and delivery of messages and strategies, based on consumer research, to promote the health of individuals and communities. These messages are grounded in social marketing framework and place the consumer as the primary focus.

**DIABETES WEBSITE:**

Information on the Arizona Diabetes Prevention & Control Program and related diabetes issues is available on our website: [www.azdiabetes.gov](http://www.azdiabetes.gov)

Our website contains many important topics which are intended to give persons living with diabetes, their families, and health care providers tools to improve the quality of life for persons with diabetes.

**Some topics include:**

- ◆ Warning signs
- ◆ Local resources
- ◆ National resources
- ◆ Self-management
- ◆ Conferences and Trainings
- ◆ Diabetes related links
- ◆ In the news
- ◆ Topics available in Spanish

*To find out more information, or to volunteer on a committee of the Leadership Council, contact the Diabetes Prevention & Control Program at 602-542-1886.*